



## EQUIPMENT LIST EARTHCONNECT 2013

A handy list to have all your equipment ready to use, divided in 3 types.

During 9 days we'll face 2 kinds of weather, so it's really helpful having a daybagpack, cold weather and warm weather

### Cold Weather (Big suitcase)

- Gloves – Wool or fleece
- 2 Sweaters – Wool or fleece
- 3 pants – Fast dry, no jeans
- Fast dry underwear
- 5 underwears
- 6 pair of socks
- 5 t-shirts
- 2 trekking shoes
- water resistant pant (optional)
- Sleeping bag
- mattress
- 3 thick plastic bags
- Flashlight – 2 pair of batteries
- Toothpaste and toothbrush
- Dish and mug
- Fork and spoon
- Small towel
- Helmet

### Warm Weather ( Plastic bag with your name)

- 1 sweater – wool or fleece
- 1 pant, no jean
- 2 underwear
- 2 pair of socks
- 2 t-shirts
- 1 pair of trekking shoes
- 2 shorts
- 1 bathing suit
- Pair of sandals (optional)
- Bug repellent
- 3 thick plastic bag

### Day Backpack

- Water resistant jacket
- Skullcap – wool or fleece
- 1 sweater – wool or fleece
- Cap
- 1.5 lts water bottle or Camelback
- 1 thick plastic sac
- Sun screen
- 1 Tupperware (2 sandwiches)
- Dish and mug
- Sun glasses (optional)

Gracias por su colaboración, cualquier pregunta llamar al 2375372.

We trust in:

